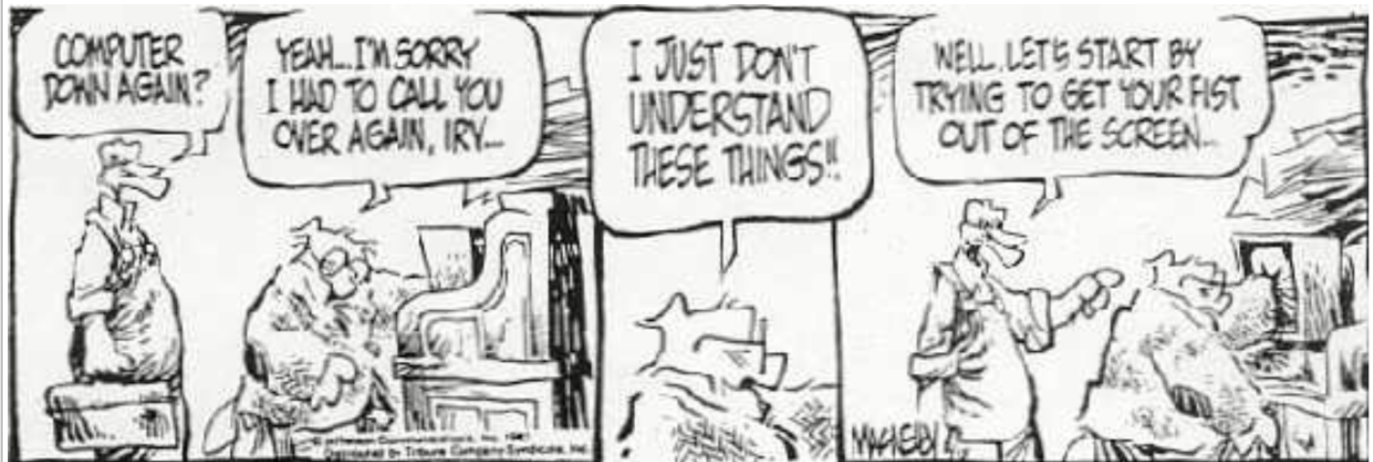
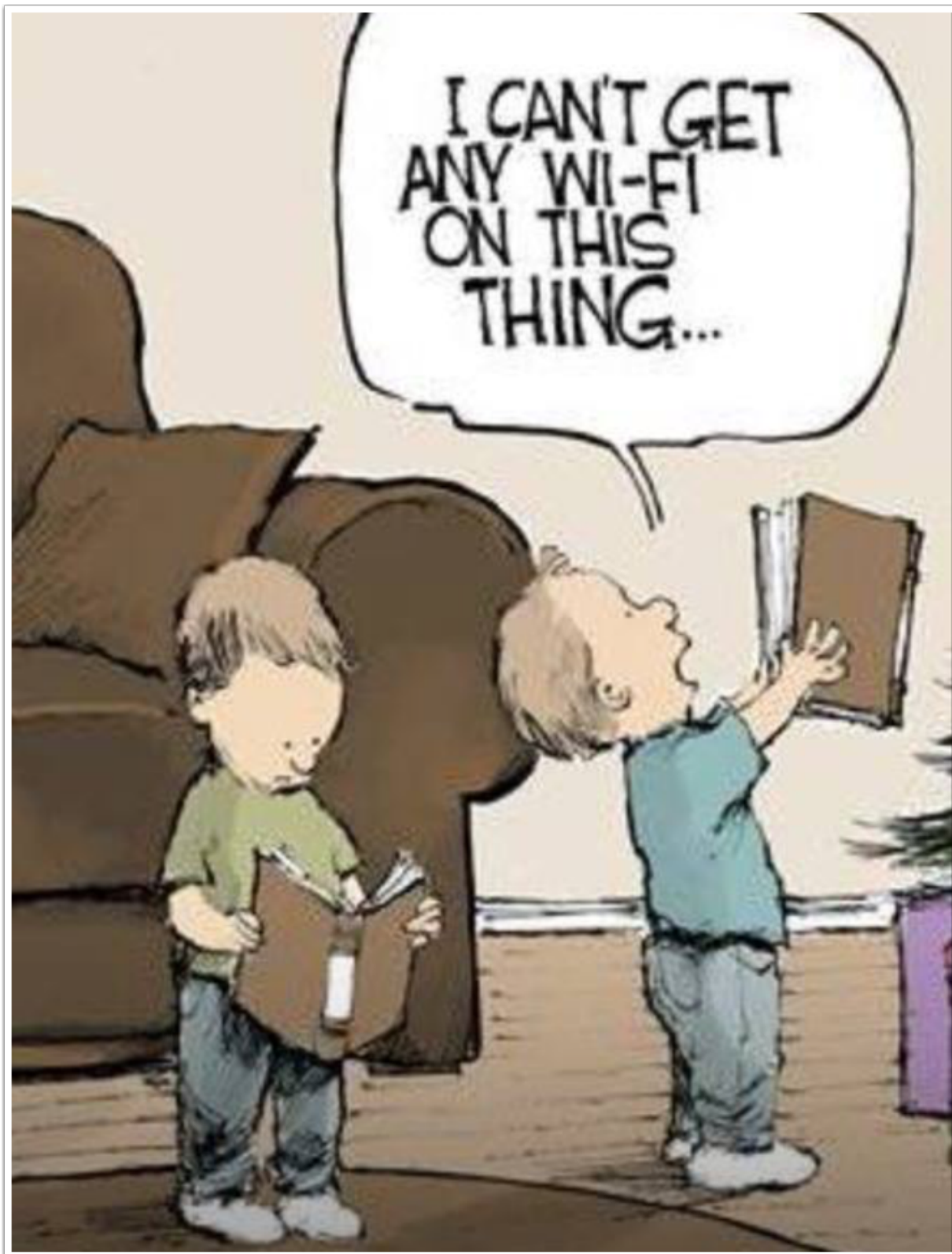


## Apps and Traps for June, 2017 by David Whitby

### Humor







## iOS

### Report: Apple has secret team working to turn iPhone into 'one-stop shop' for medical info by Chance Miller of 9 to 5 Mac

<https://9to5mac.com/2017/06/14/iphone-medical-records-tracking/>

It's no secret that Apple has a growing interest in the health industry as it continues to [expand health tracking capabilities with the iPhone and Apple Watch](#). Now, a report from [CNBC](#) claims that Apple is looking to turn the iPhone into a "one-stop shop" for all medical record information. The report explains that Apple has a secretive team within its health unit that is working with developers, hospitals, and other industry groups about the possibility of integrating clinical data into the iPhone. This could include information such as detailed lab results and allergy lists. With the information stored on their iPhone, patents could then choose who to share it with, such as hospitals, health tracking applications, specialists, and more.

### What iOS 11 tells us about the iPhone 8 by Jessica Dolcourt for Cnet

<https://www.cnet.com/news/what-ios-11-tells-us-about-the-iphone-8/>

Tucked into Apple's announcements at this year's [WWDC](#) conference -- especially iOS 11 -- are juicy clues about what the software update for your iPhone and iPad might also bring to the next major iPhone.

Apple's iPhone is due for a major overhaul. Last year's [iPhone 7](#) and 7 Plus drew fire for having a design and features that were too similar to previous models. The [Siri](#) voice assistant didn't go far enough, and Apple failed to meet competitors on features like wireless charging and virtual reality. (There was, however, "waterproofing.")

In September, we expect Apple to take the wraps off of a 10th anniversary iPhone stuffed with cutting-edge hardware and a fresh new design. We're calling it the iPhone 8 for now, but rumors also point to iPhone X or iPhone Edition.



## **iOS 10.3: 'Power User' tips and tricks found on ZDNet**

<http://www.zdnet.com/pictures/ios-10-3-power-user-tips-and-tricks/#ftag=CAD-00-10aag7e>

A selection of quick and simple tips and tricks to help you get the most from your iPhone or iPad. Updated for iOS 10.3 and later updates.

## **How to Cancel Your Useless iOS App Subscriptions by Patrick Lucas Austin for LifeHacker**

<http://lifehacker.com/how-to-cancel-your-useless-ios-app-subscriptions-1796017796>

If you've never checked on your app subscriptions, I don't blame you. It's a feature buried pretty deeply in your iOS device. But then, you *could* discover an app charging you \$100 per week, so it pays to be vigilant.

## **Inside iOS 11: Recommendations offer shortcuts to free up extra storage by Roger Fingas of Apple Insider**

<http://appleinsider.com/articles/17/06/06/inside-ios-11-recommendations-offer-shortcuts-to-free-up-extra-storage>

In Apple's forthcoming iOS 11, people needing a quick way of freeing up space on an iPhone or iPad will get suggested options that can often be run immediately.

## **OSX**

## **Hold Option+Command When Selecting Text on a Mac for Precise Highlighting by Thorin Klosowski of LifeHacker**

<http://lifehacker.com/hold-option-command-when-selecting-text-on-a-mac-for-pr-1761138196>

Sometimes, for whatever reason, you might need to select a weird block of text that doesn't seem possible with the usual click and drag. For those moments, Redditor whosingsthings points out that Option+Command gives you a more precise highlighting tool.

When you tap down Option+Command, your icon turns into a cross. Now you can select words and letters in a rectangle, regardless of line location or the word. This only seems to work in plain text tools and the exact use-case for this might be a little rare, but it's a handy tip nonetheless.

## Delete yourself from the internet by pressing this button by Juan Buis of TheNextWeb

<https://thenextweb.com/apps/2017/06/16/delete-internet/>

The internet can be a beautiful and horrible place at the same time. It's weird, and sometimes you feel like you want to leave. Sadly, there's no easy way out — or there wasn't, until now. Swedish developers Wille Dahlbo and Linus Unnebäck created [Deseat.me](#), a web app that offers a way to wipe your entire existence off the internet in a few clicks. After logging into the website with a Google or Outlook account it scans for apps and services you've created an account for, and creates a list of them with easy delete links.